

# SLEEPY TIMES

VOLUME 2, ISSUE 4      APRIL 2008

## MESSAGE FROM THE CHAIR -SCOTT REEVES, MD, MBA

March was a very exciting month. The John E. Mahaffey, M.D. Endowed Chair celebration banquet was held on March 9 completing our fund raising efforts. The department had its first cardiac dissection wet lab led by visiting professor Dr. Doug Shook. On March 25, Dr. Jonathan Mark gave the Joseph S. Redding, M.D. Critical Care lecture.

Exciting new events include the University Medical Associates Executive Committee and Board of Directors unanimously voting to establish the Jerry Reves Diversity Scholarship Award and the Jerry Reves Endowed Chair in Anesthesia Research. In addition, Dr. Rebecca Cain assumed the Residency Program Director position from Dr. Latha Hebbbar. Dr. Hebbbar has requested to step down to spend more time with her family. She will be missed but has promised to continue to assist in our Grand Rounds Lecture series. Rebecca will assume these critical duties and bring her substantial energy and passion for education to the job. Please welcome Rebecca to her new position and flip through our *Sleepy Times* newsletter for additional exciting events and accomplishments.



## SPECIAL POINTS OF INTEREST:

- *Messages from the Departmental Leaders*
- *Departmental Information*
- *Excellence*
- *Endowed Chair*

## MESSAGE FROM THE VICE-CHAIR OF PROFESSIONAL DEVELOPMENT -FRED GUIDRY, MD

The kinks at ART are starting to be resolved. Some of which are big things like supply issues and the Pyxis machines. These issues required a great deal of effort by the anesthesia and OR staff to resolve. Others are petty annoyances like the very loud alarm on the anesthesia work room door and scrub suit availability. The day-to-day operating room and anesthesia processes now work quite smoothly. One problem that we did not expect was how soon the hospital bed crunch would come. There has been a learning curve for us at ART in dealing with the tight bed situation that is a regular occurrence at University Hospital. We are also coming to grips with staffing emergency weekend cases. In the middle of March, the ART anesthesia staff began hands on use of the Picis Anesthesia Manager. Since then there have been no real issues and most seem to learn the system quickly and enjoy using it. The Pre Op Center has also been using it and is close to going completely electronic. Electrical and data cables are being installed in PACU. The date for stopping paper charting is still uncertain.



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Rebecca Cain, MD

## FACULTY HIGHLIGHT

Dr. Cain is the new Residency Program Director and brings with her a wealth of experience and knowledge. Coming from the Virginia Commonwealth University Health System (VCU), Dr. Cain prides herself on teaching future practitioners. In fact, Dr. Cain was awarded the John R. Jones, MD Award for Teaching Excellence at VCU. Before heading to medical school, Dr. Cain owned a successful advertising agency that specialized in health care. When she is not at work Dr. Cain enjoys traveling as well as scuba diving. Her best dive trip to date was the Maldives in the Indian Ocean. Dr. Cain also enjoys sculpting food as a former culinary competitor as well as a French heirloom seamstress. She has two grown daughters in college, one at Louisiana State University and the other at Old Dominion University. Dr. Cain and her fiancé Dr. Taylor, enjoy spending time together as well as their two dachshunds Oscar and Diesel. Mark your calendars, plans are in the works for a spring wedding in 2009.

## A MESSAGE FROM THE CRNAs AT ART

It is hard to believe that it has been almost two months since Ashley River Tower has opened. The CRNAs and Anesthesia Techs are enjoying the beautiful building, and all of the challenges associated with beginning a new anesthesia practice site. Our patient population and types of OR cases are both very complex. Because of this, the CRNAs are staying on-their-toes in the off-hours. We are responding to Maydays and Rapid Response Intubations as needed, and troubleshooting the Acute Pain Service patients. As interesting situations come about, our group quickly responds with positive solutions. I cannot say enough about the unbeatable teamwork I have seen here. It has been amazing from day one. Besides our complex OR cases, the NORA sites are also up and running. The Heart and Vascular cases are going smoothly, and our experiences with the EP lab staff have been very positive. They are organized, pleasant and helpful. Add this to an interesting type of case and ....what's not to like?! Thank you to Mike Wolfman and Regan Weston for writing our H&V guidelines so quickly. The DDC is busier than ever and anesthesia operational initiatives are paying off. Many patients are now seen preoperatively in the PAT clinic at ART. This saves time for the Anesthesia team, and improves satisfaction for those patients who may require extra testing. Scheduling all DDC cases (especially add-ons) through PICIS has helped to provide a realistic schedule for our assigned DDC team members. Ashley River tower Anesthesia is a wonderful work in progress and we are looking forward to the exciting times ahead.



Jodi Weber, Chief CRNA



## FACULTY UPDATE

Dr. Gary Haynes has been selected as the Chair of the Department of Anesthesiology and Critical Care Medicine at St Louis University School of Medicine. The department has 23 full time faculty and is currently expanding. The program has 28 residents and a full simulation department with a PhD researcher on staff. Please join us in congratulating Dr. Haynes on this wonderful accomplishment.

## DEAN JERRY REVES, MD RECOGNIZED



On March 6, 2008, the University Medical Associates Board of Directors unanimously approved the UMA Executive Committee's recommendation of establishing two endowments recognizing the substantial contributions of Dean Reves to the College of Medicine. The first, The Jerry Reves Diversity Scholarship Award, will assist high quality under represented students achieve the ability to fund a medical school education. The second will be a \$2,000,000 endowed chair in anesthesia research, The Jerry Reves Endowed Chair in Anesthesia Research. One million dollars will be donated by UMA to establish the endowment with matching funds coming from fund raising and the department.

## MESSAGE FROM THE TECHS

We approach the spring looking forward to multiple educational meetings. These upcoming meetings will not only satisfy our credentialing requirements but improve our understanding of the multiple advances taking place in our profession. In an effort to gain as much knowledge as possible, we will be dividing our time to attend an impressive swath of meetings. Larry is headed to Wisconsin and possibly Pittsburg. I will be attending a meeting in New York and Cara will be headed to Florence in June.

We are still recruiting techs and our numbers remain low. We have tried several different avenues and will continue trying until we have the numbers that we need. The support from everyone has been tremendous and we would like to humbly thank each of you.

Remember, the techs are always in your corner.

-Jim Braunsdorf



Jim Braunsdorf

## MESSAGE FROM THE NURSE ANESTHETISTS

March in Charleston shows us the promise of the upcoming spring. The weather has changed, flowers are blooming and beach weather is finally here. New and fresh beginnings are everywhere. This holds true for us here at MUSC also.

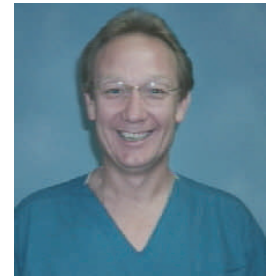
We wish to welcome Paige Thompson from Tennessee as a new employee. We expect to see her here in the next few weeks. We also have several people beginning rotations through the Pediatric heart room. Thanks to all the attendings and to Kyle Comley and Nathan Kuper for their guidance and understanding.

Staci Sinex has an upcoming wedding to Frank Armocida from Orthopedics. We wish them all the best! All of the new graduates have passed their certification boards. What an accomplishment and congratulations to all of you!

Most importantly Wendy Ewing has applied for the permanent Chief CRNA position here at University Hospital. We are very grateful to her for her commitment to our group, and we look forward to many years of her leadership.

Enjoy the spring and look forward to the coming months. Charleston truly is a beautiful place especially this time of year!

-Pat Tobin



Pat Tobin, CRNA

## ADMINISTRATIVE HIGHLIGHT

Life has been an adventure for Raetta and has been filled with special people. Raetta has had several personal titles over the years including: Ramona's daughter, Larry's sister, Linda's tag-a-long, 36 years ago she became Booby's wife, Lisa's mom, Claire's aunt and her new favorite side-kick title is Tyler's Grandmama.

UMA hired Raetta 10 years ago in a temporary position as Support Staff. She became known as Becky's sister, and a long term relationship developed with UMA. Doors opened for Raetta including on the 5th floor when she interviewed and was hired by Stephanie Collins for Coding and Charge Entry for Anesthesia. That was when she became "That lady that works with Pat Scott." Six years later Kristen Taylor opened another door and Raetta became the Coordinator for Ancillary Services. Now for those who still don't know her name "You know, the one with the short white hair."

Raetta has absolutely loved working in this department and adds that she is very glad she's been "a keeper." Things that Raetta enjoys include traveling on land and sea (no air), reading, playing tricks on her co-workers and bringing a smile into someone's life.



Raetta Nash



Tara Kay, CPC, ACS-AN

## COMPLIANCE CORNER

Please make sure you log on to your CATTS accounts and take the required classes! The classes are already loaded. If it is in your account, you need to take it. The deadline is June 01, 2008!!

\*Note: There will be other classes listed in your CATTS account. These classes are scheduled by the hospital or human resources. These are your responsibility to complete by the listed deadline. See your compliance manager, Tara E. Kay, CPC, ACS-AN for class contacts and/or questions. Thank you!

UMA Class Name	Who Take the Class	Contact for Questions
Code of Conduct/HIPPA	<b>Mandatory</b> for ALL UMA Employees	Pamela Caffee 6*1321
Clinical Trials	Employees Chosen by Department	Tara Kay 2*4693

## CARDIAC WET LAB DISSECTION

Dr. Doug Shook, Assistant Professor of Anesthesiology at the Brigham and Women's Hospital, skillfully guided the

residents and faculty through a dissection of 25 pig hearts. This event occurred the evening prior to his Grand Round Lecture entitled *3 Dimensional Transesophageal Echocardiography*. The dissection allowed the participants to become familiar with 3D cardiac anatomy.



Residents and Faculty participated in the event.

## ANESTHESIA TEAMWORK

On March 4th, Jane Swing, CRNA and Ray White, CRNA collaborated with a team of interprofessional faculty to teach in the first Interprofessional Skills Simulation Workshop. As part of the university-wide initiative called Creating Collaborative Care (C3), the workshop brought nursing, physician assistant, and medical students together to learn common skills. Ray and Jane taught IV placement to all 30 students. Learners rated their module as "outstanding" and expressed an improved level of confidence with IV placement.

-Donna Kern, MD



## STANDARDS OF BEHAVIOR

We, as part of MUSC, are committed to providing EXCELLENCE in patient care, teaching and research in an environment that is RESPECTFUL of others, ADAPTIVE to change, and ACCOUNTABLE for outcomes. Individually, we pledge to practice these standards of behavior for the benefit of our colleagues and betterment of MUSC.

We have focused on improving communication in the department for the past few months. As we continue to strengthen this important tool, we will look back so that we may look forward. We have focused on RESPECT, EXCELLENCE, ACCOUNTABILITY and ADAPTABILITY.



We have focused on:

RESPECT:

“I will keep all interactions positive by not engaging in negative behaviors such as gossiping, backstabbing, nonverbal negative insinuations, undermining, withholding, infighting and arrogance.”

EXCELLENCE:

“I will do my part to ensure that goals set forth by MUSC Excellence program are achieved.”

ACCOUNTABILITY:

“I will collaborate with colleagues of other departments to ensure success of the institution.”

ADAPTABILITY:

“I will be proactive in identifying opportunities for individual growth and departmental improvement.”

Each of these are important and together they form a framework of success. As we continue to grow in so many ways, please reflect on these ever important ideas.

## RECOGNITION & REWARDS

The Recognition and Rewards for the department continues to move ahead. We look forward to rolling the program out this May. Details are still being finalized, but look for updates in the May edition of the *Sleepy Times*.

If you have any feedback for the program it would be greatly appreciated.



## MUSC EXCELLENCE NINE PRINCIPLES

The MUSC Excellence program encompasses Nine Principles<sup>®</sup>. Each month we will focus on one of these principles and how we can incorporate them into our workplace.

### Principle #3 Build a Culture Around Service

Ensure high quality and a caring environment for our patients by:

- » Scripting Behaviors           » Teaching Service Recovery
- » Creating Teams                » Developing Standards of Performance

*“Excellence is the unlimited ability to improve the quality of what you have to offer.”*  
- Rick Pitino



## A MESSAGE FROM RUTLEDGE TOWER

I have the luxury of sitting in the mountains for a day of “spring break” with my children and I find that I am reflecting on all that this year has already brought to us. It’s not often that people think about work when they are away but it is a sign of just how special we all feel about RT and our work here. Our leader Nancy Kitten, has brought a renewed sense of ability and desire to our department and we would like to give her our thanks. The harbinger for spring is that the sap is rising in the bark and that is just what is happening at RT. We recently were given a place to call home in the form of a lounge/work area and we are immensely grateful for the space. It has provided an area to reunite with one another over a cup of coffee or lunch. As you know, adult GI has been relocated and we were able to have one of their old endoscopy rooms to call our own. We immediately proceeded to paint it and call it home despite that it may be only a temporary solution to our dilemma of having a place to “roost”.

In February, we enjoyed a wonderful party hosted by our own Dr. Wallace and Dr. Baker as a Christmas gift to their staff. We had a complete turnout of staff, lots of laughs and stories complemented by oysters and fabulous food. We were given full reign of Dr. Wallace’s piece of heaven on Wadmalaw and he treated us with hay rides through the pastures.

RT is slated to receive the “Picis” system next in line to ART receiving their system. RT is also expecting our new MP 70 monitors so we will be ready for Picis. The staff has been busy preparing for the upcoming Joint Commission visit. We have special recognition to two of our employees, Chris Keto and Ceceilia Franko, for their quick thinking and use of their anesthesia skills outside of work when they both independently used CPR and saved two of our citizens. Be sure to ask them about their stories. They are both wonderful demonstrations of what we are all about in our careers as well as our innate desire to help and comfort others. We are happy to welcome Kate Wendorf back after a six week absence for knee surgery.

In closing, enjoy the March winds while they last and remember to embrace change for often it brings wonderful surprises.

-Jean Day



## A MESSAGE FROM THE RESEARCH STAFF

Happy Spring! We continue to be busy in the research office with a variety of new and ongoing projects. Many of you have approached us recently about research interests and the process of submitting studies through the IRB. We’re happy to help with this process and encourage your attendance at the monthly research meetings to discuss protocol development.

A summary of some of the current studies in the department:

Drs. Haynes and Walton: Two patients have been enrolled in a Phase II clinical trial sponsored by Schering Plough to investigate the safety and efficacy of Rolapitant in the prevention of postoperative nausea and vomiting. We are looking to enroll additional female patients undergoing open abdominal surgeries; your help in identifying potential participants would be greatly appreciated.

Dr. Haynes: Patient enrollment is ongoing in a single blind trial comparing Reamer Irrigator Aspirator (RIA) to Standard Reaming (SR) on pulmonary complications among patients undergoing intramedullary nailing for femur fracture.

Dr. Overdyk: A study sponsored by Lyntek has recently been initiated to investigate the utility of high resolution pulse oximetry (HRPO) as a screening tool for sleep apnea in high-risk preoperative patients and to investigate if HRPO detects airflow disturbances in postoperative patients receiving opioids and/or sedatives.

Dr. McEvoy: Patient enrollment is ongoing in the study to investigate the use of vasopressin for renal protection during liver transplantation. Please notify Dr. McEvoy or the research staff if you know of a patient undergoing liver transplant, so we can approach the patient about study participation. Dr. McEvoy and study coordinator, Haley Moore are conducting a retrospective chart review to evaluate cardiac arrests at MUSC in relation to the standard ACLS protocols and algorithms.

Drs. Havidich, McEvoy, Torres, and Reeves all have upcoming projects...we look forward to getting started!

-Haley, Marian and Heather



Heather Beeson, ND, RN



## DEPARTMENT OF ANESTHESIA & PERIOPERATIVE MEDICINE

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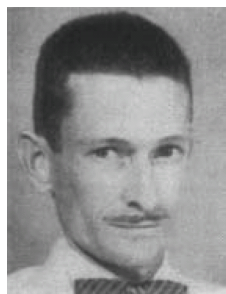
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CHECK OUT OUR WEBSITE AT:  
[HTTP://WWW.MUSC.EDU/ANESTHESIA](http://www.musc.edu/anesthesia)

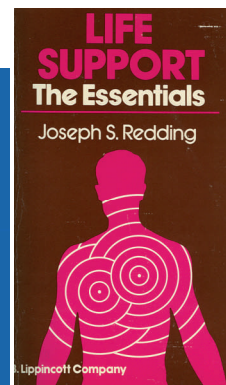
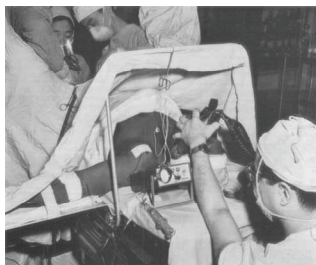
### Future Events

Resident Rounds 04/01 6:30am - CSB 429  
(*Practice Management, N. Strauss, MD*)  
Education Committee 04/01 3:00pm  
Grand Rounds 04/08 6:30am - CHP 204A  
(*Head injury Management, A. Bendo, MD*)  
Journal Club 04/09 - 6:30pm  
(*Dr. Hebbard's Residence*)  
Executive Committee 04/10 4:00pm - CSB 501  
Grand Rounds 04/15 6:30am - CHP 204A  
(*M&M, S. Harvey, MD*)  
Faculty Meeting 04/15 4:00pm - CSB 429  
Grand Rounds 04/22 6:30am - CHP 204A  
(*Physician Interpersonal Communication, Kahn, MD*)  
Grand Rounds 04/29 6:30am - CHP 204A  
(*Visual Loss After Spine Surgery, S. Roth, MD*)

## JOSEPH S. REDDING, MD CRITICAL CARE LECTURE



Joseph Redding, MD



Jonathan Mark, MD

Dr. Redding pioneered new technology and published on multiple areas.

## THE JOHN E. MAHAFFEY, M.D. ENDOWED CHAIR

The celebration banquet of Dr. Mahaffey's life and accomplishments occurred on March 9, 2008 at 6:30 pm at the Old Exchange Building on Broad Street. Many alumni, former faculty, chair, dean and governors attended including Dr. and Mrs. Jimmy Edwards, Dr. and Mrs. Layton McCurdy, Dr. and Mrs. Fred Crawford, Dr. and Mrs. Jerry Reves, Dr. and Mrs. Warren Atkins, Dr. Joanne Conroy, Dr. and Mrs. Vince Degenhart and Dr. and Dr. Satish Prabhu. Faculty present included Drs. Cal Alpert, David Baker, Buddy Inabinet, Gary Haynes, Scott Reeves and Charles Wallace. It was truly a special event (see photos.) If you have not had an opportunity to support Dr. Mahaffey's legacy, please consider your contribution today. Commitment cards are available at [www.musc.edu/anesthesia](http://www.musc.edu/anesthesia). Any individual contribution is being amplified by a matching contribution by the department. In addition, the department has established a web site describing all the named department endowed chairs, lecture series and awards.

[Endowed Chair Website](#)

