



SLEEPY TIMES

VOLUME 2, ISSUE 5 MAY 2008

MESSAGE FROM THE CHAIR -SCOTT REEVES, MD, MBA

April was another busy month. Technological growth within the department will now be occurring very rapidly with the onset of our electronic medical record (PICIS) at Ashley River Tower on April 22. PICIS will continue to be rolled out next at the ART peripheral sites then Rutledge Tower and finally the University Hospital in the months ahead. We should all thank Larry Field, Jaime Torres, Fred Guidry, Jodi Weber and Pat Aysse for making this happen. Iain Sanderson will be assisting our super users to optimize the system for future research opportunities. We continue to leverage our past to build our future. Our endowments are continuing to grow with the John E. Mahaffey, M.D. Endowed Chair, the Jerry Reves Endowed Chair in Anesthesia Research, the Joseph S. Redding, M.D. Critical Care lecture series and the new Laurie Brown Medical Student Research Scholarship. These initiatives can be tracked on our web page at www.musc.edu/anesthesia Our faculty continue to be recognized nationally and internationally. Susan Harvey has been chosen for the Hedwig von Ameringen Executive Leadership in Academic Medicine (ELAM) program for women. Jake Abernathy and Rebecca Cain have been invited to lecture at the 11th International Congress of Cardiothoracic and Vascular Anesthesia in Berlin, Germany. Fran Zinko was named the 2008 CRNA of the year. These events emphasize the great potential we have in our faculty. Furthermore, the department hosted Southern University Department of Anesthesiology Chairs (SUDAC) annual meeting from April 25-27. Thirteen southern anesthesiology chairs and their business managers attended representing 17 anesthesiology programs. It was a very productive weekend as we discussed the major issues affecting academic anesthesiology. Please enjoy this edition of *Sleepy Times*.



MESSAGE FROM THE ADMINISTRATOR -BRENDA DORMAN, MBA

The advances over the past few months have been exciting and represent a level of change not seen at MUSC for some time. The launch of our electronic anesthesia record at ART represents our step towards the future of Anesthesia. There will be challenges as we bring this system to each of our facilities and sites; it is your input that will enable continued development. The scheduling system we currently employ for the faculty will be replaced in the coming months with a new exciting program which offers reliability as well as sustainability. The Recognition and Rewards program is also being rolled out in May. Please look inside this edition of the *Sleepy Times* to learn more about our program. There are many changes that have been realized, and more that are coming. It is important for all of us to work together to ensure success. Working as a team will enable us to shape the future of our department and realize the goals we envision.



SPECIAL POINTS OF INTEREST:

- *Messages from the Departmental Leaders*
- *Departmental Information*
- *Anesthesia Excellence*
- *Updates and News*
- *SUDAC 2008*

INSIDE THIS ISSUE:

UPDATES	2
HIGHLIGHTS	3
DEPARTMENT	4
GAARRC	4
PAIN CLINIC	5
NEWS	6
CRNA AWARD	7
EXCELLENCE	8



Gary Haynes, MD, PhD

DEPARTING FACULTY UPDATE

Dr. Haynes graduated from the Illinois College, Jacksonville, Illinois with a B.S. in biology/ chemistry with honors in 1974, University of Cincinnati with a M.S. in experimental Pathology in 1977 and received his Ph.D. and M.D. degrees from Case Western Reserve University in 1984 and 1986 respectively. He completed an anesthesiology residency at the Medical University of South Carolina (1986-90) and served as chief resident in anesthesiology (1989-90). Dr. Haynes has held faculty appointments in the Department of Anesthesia and Perioperative Medicine in the College of Medicine (1990 – present) and the Department of Clinical Services (2006 – present) at the College of Health Professions. He is currently a Professor in Department of Anesthesia and Perioperative Medicine, and previously served as the Vice Chairman of the Department.

He has served as Residency Program Director and Chairman of the Department Finance Committee. His research interests are in the areas of evaluation of non-invasive bioimpedance cardiac output devices and platelet aggregation. Dr. Haynes has served on the ACGME Resident Duty Hours Task Force and is the author of numerous publications and book chapters. With his new position as Chairman, Department of Anesthesiology and Critical Care at Saint Louis University School of Medicine, Dr. Haynes will be greatly missed. Congratulations and all the best!

MESSAGE FROM THE CRNAs AT ART

April has been an exciting month, full of new beginnings. On April 5th, Dr. Jaime Torres and I had the honor of giving the anesthetic for the first cardiac transplant, by Dr. John Ikonomidis, at Ashley River Tower. The patient was discharged from the hospital and is doing well. We have added two new CRNAs to our Ashley River Tower family. Jenifer Griffith is a former MUSC graduate who has come to us from Florida. Helen Furtado is originally from Rhode Island and is bringing 15 years of experience to our group. Also, our first nurse anesthetist student, Angela Hampton, just finished her rotation through ART. Candace Jaruzel, ART SRNA coordinator, continues to do a great job for our students. We have also gone “live” with PICIS electronic documentation. Everyone has shortened their learning curve tremendously and stepped up to the plate! The great part is that we can accomplish our preops and postops online, which will be pivotal in our time management as the case load continues to increase at ART. As before, everyone is still enjoying the scenic views and the fantastic teamwork associated with Ashley River Tower.



Donna Embrey, CRNA

HEDWIG VON AMERINGEN EXECUTIVE LEADERSHIP IN ACADEMIC MEDICINE (ELAM) PROGRAM FOR WOMEN

Dr. Susan Harvey was chosen from MUSC for this very competitive program. Established in 1995, ELAM offers an intensive one year program of leadership training, with extensive coaching, networking, and mentoring opportunities, aimed at expanding the national pool of qualified women candidates for leadership in academic medicine, dentistry, and public health. The ELAM program at Drexel University College of Medicine has been specially developed for senior women faculty at the associate and full professor level who demonstrate the greatest potential for assuming executive leadership positions at academic health centers. Participation yields a high return for both the individual and institution that sponsors them. ELAM Fellows gain new knowledge, perspectives, insights, and connections that increase their competence and value as leaders and decision makers. Congratulations!



Susan Harvey, MD

MESSAGE FROM THE TECHS

Hello, this month we will be training at least one new tech; hopefully two. We are all grateful for the contributions they will make. There continues to be a loss of equipment. If we can make sure when we leave with anesthesia equipment it returns, this will help reduce delays and costs. There is an exciting weekend of workshops at Stonybrook University in May. We will have the opportunity to work in the new simulation lab they have developed, much like the one Dr. Schaefer has developed. It will provide us the chance to observe how other level one trauma centers operate as an integrated team. As with every learning opportunity, we look forward to bringing the information back and sharing what we have learned. Thank you to everyone for supporting our techs. As always, "the techs are in your corner."



Jim Braunsdorf

MESSAGE FROM THE CRNAs AT UNIVERSITY HOSPITAL

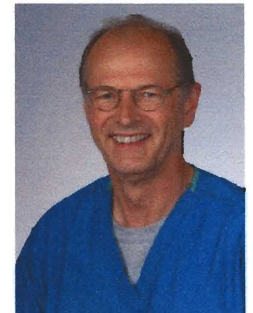
It's hard to believe April is over. It seems like just yesterday I was walking the bridge with my new granddaughter during the Cooper River Bridge Run. A lot of water has passed under that bridge since the first weekend in April. Since then, I interviewed, was offered and accepted the permanent Chief CRNA position in the department. With a lot of help from the CRNAs, I hope to bring the department to the level of excellence that MUSC is striving to achieve. I think we are off to a good start, implementing a Competency Based Orientation for our new employees and reviewing personnel files as we prepare for the upcoming JCAHO visit. The CRNAs (after finding out we were not eligible for the Nurse of the Year award) decided we would have our own "CRNA of the Year". Fran Zinko was bestowed that honor at a breakfast April 29th. She had received multiple votes for Nurse of the Year, along with glowing accolades. In addition to the breakfast, she received a gift card, a sash and tiara and a framed certificate. It was decided we would honor one of our CRNAs every year in January, to coincide with National Nurse Anesthetist Week. Earlier in the month, we welcomed Paige Thompson from Tennessee and Rita Meyers from ART. We hated that Rita had left in the first place! Welcome home Rita! Rita will be a welcome addition to the Pediatric Heart Team. Please help us welcome both Paige and Rita to the department.



Wendy Ewing, Chief CRNA

FACULTY HIGHLIGHT

Dr. Rieke comes to us from Germany and will be taking responsibilities at the DDICU in ART. Prior to his arrival Dr. Rieke worked extensively in Emergency Medicine which is much different in Germany. During his time in the field Dr. Rieke had the opportunity to work on the front lines of medicine, flying to scenes in some cases. He has completed research on patients with a history of open heart surgery as well as physiologic pulmonary gas exchange. Dr. Rieke is a firm proponent of education and enjoys teaching future practitioners. When he is not at work Dr. Rieke enjoys jogging and competed in a marathon in 2006. He also enjoys playing the guitar in a band. Dr. Rieke is married to Eva an Anesthesiologist herself, and they have 3 sons. One is a Geologist currently residing in Norway, the other two are studying Physics in Germany. Please welcome Dr. Rieke to MUSC.



Horst Rieke, MD, PhD

ADMINISTRATIVE HIGHLIGHT

Karen came to Charleston 11 years ago, and soon began work at MUSC. Prior to her work at MUSC, Karen worked as an administrative assistant at a public utility service in her hometown of New Haven, CT. Since being at MUSC she has worked in the Rheumatology department and has been with Anesthesia for 3 years. She has enjoyed working closely with Dr. Susan Harvey as well as all Anesthesia faculty and staff. When she is not at work, Karen is very involved with her church community. She served as a choir director for a number of years with as many as 70 youths aged 9-21. Karen is the co-founder of an organization that promotes growth for women and enjoys singing and writing. Karen is married to her husband Willie, and has two adult children and four grandchildren.



Karen James

DEPARTMENT SPONSORED NIGHT OUT AT THE RIVERDOGS



When: July 12, 2008

Time: Picnic from
6:00-7:00pm
Game at 7:00pm

Where: RiverDogs
Stadium

An online form will
be made available

next week in order to RSVP. Please RSVP early with an accurate number of attendees.

34TH ANNUAL GULF ATLANTIC ANESTHESIA RESIDENT RESEARCH CONFERENCE

After submitting original research, case presentations, literature review or basic science presentations to the 34th annual Gulf Atlantic Anesthesia Resident Research Conference we sent two residents and one medical student.

Ryan Nobles, medical student

- Original Research: Retrospective Chart Analysis.

Mike Looper, MD

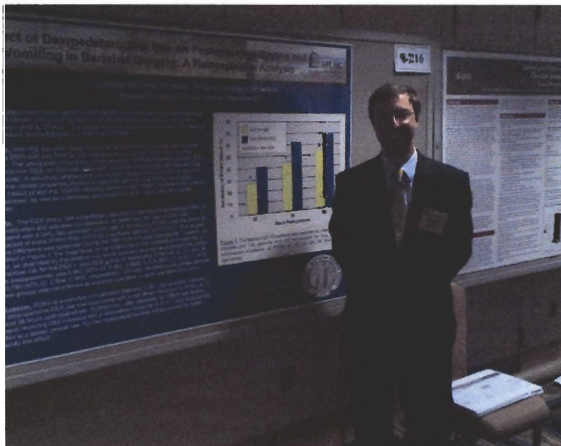
- Aprotinin fails to impart additive protective effects on LV function following ischemia-reperfusion in tumor necrosis factor receptor 1 null mice.

Ilka Theruvath, MD

- Ischemic Liver Injury Induces Suicidal TLR4 Signaling in a Mouse Model of Sickle Cell Disease

INTERNATIONAL ANESTHESIA RESEARCH SOCIETY (IARS)

Justin Wright and Irina Gault are two 4th year medical students that performed research last summer with Matt McEvoy, MD. They each presented an abstract the 82nd Annual IARS Meeting in San Francisco on March 30th. The titles of the abstracts were "The Effect of Precedex Use on Postoperative Nausea and Vomiting in Bariatric Surgery: A Retrospective Analysis" and "Identifying potential preoperative predictors of adverse postoperative outcomes in orthotopic liver transplantation: a retrospective analysis," the latter of which won 'Best Abstract' in the poster session.



APPLAUSE

One of our Anesthesia Technicians was recently recognized with an Applause Award. Cara Spaulding was recognized with an Applause award for continually going "above the call of duty" and "tireless efforts to the care of our patients." Please congratulate Cara on this wonderful applause!



CONGRATULATIONS

Congratulations to Raetta Nash for successfully completing her Certified Professional Coder (CPC) exam. Raetta was recently promoted to Coordinator of Ancillary Services – Anesthesia, Pathology and Radiology. We are all very proud of her for her accomplishments.

MESSAGE FROM THE PAIN CLINIC

Pain Management/ Ambulatory began 2008 initiating a pilot project Process Improvement "Strategies for Improving Client Appointment Keeping Compliance." Using the Delphi Method a patient questionnaire regarding central schedule and cancellation of appointments was completed by the patients in the clinic. A second questionnaire will be provided to referring physicians regarding the timeliness and effectiveness of scheduling patients. Patient education brochures are in the printing process and will be mailed to all new patients. Analysis of patient responses have been positive. Dr. Gibert initiated research "Pain Assessment Strategies for Trial Spinal Cord Stimulation: Patient documentation by Pain Activity Log and Daily Pain Diary." The nursing staff remains committed to improving communication and effective inpatient outcomes by acting as a resource for Karanne Campbell, the Pain and Palliative Care Nurse Practitioner.

Define the change; educate to provide effective outcomes...commit to excellence

Cynthia C. Fitzgerald RN III



Cynthia Fitzgerald, RN

RECOGNITION & REWARDS

The Recognition and Rewards for the department is officially being rolled out this month. Our system is in no way meant to take the place of those currently embraced by the University. Instead, our program compliments these programs while providing a mechanism for us to recognize each other.

The program is meant to be simple yet provide several different layers of recognition and in some cases rewards. Please visit the new online portion of our intranet for full details on each of these layers. [Anesthesia Intranet](#)

The program will begin with a new badge reel with the logo seen to the right of this article. Each of us will receive one of these, and we highly encourage you to wear them. The reels have several nice features, not to mention the logo which denotes our dedication to Excellence.

You will begin seeing "I Hung The Moon" cards around. Please fill these out for those that represent the excellence we all strive for. Please provide one copy to the person you have filled the card out for and the other card to Brenda Dorman. The cards will hang on the department's tree on the 3rd floor for one month so that each individual can be recognized. Following this period, a drawing will be held for a few special rewards. You will have a choice if your name is pulled from the drawing.

There are several other pieces to the new system that will be rolled out in the coming editions of the *Sleepy Times*. Please look for these as well as the names of those that *Hung the Moon* as we all strive for excellence.



MUSC EXCELLENCE NINE PRINCIPLES

The MUSC Excellence program encompasses Nine Principles®. Each month we will focus on one of these principles and how we can incorporate them into our workplace.

Principle #4 Create and Develop Leaders

- » Identification of current and future leaders
- » Development, training and equipping leaders in a cost-effective manner

"If your actions inspire others to dream more, learn more, do more and become more, you are a leader."

-John Quincy Adams

Nine Principles®

- 1 Commit to Excellence
- 2 Measure the Important Things
- 3 Build a Culture Around Service
- 4 Create and Develop Great Leaders
- 5 Focus on Employee Satisfaction
- 6 Build Individual Accountability
- 7 Align Behaviors with Goals and Values
- 8 Communicate at All Levels
- 9 Recognize and Reward Success

© 2008 MUSC Health

IN THE NEWS

HOCKEY CHAMPS

Dr. Scott Stewart and Carl Kennedy recently took home the championship in their hockey league. The team is mostly comprised of MUSC faculty and residents. This is the second season the team has won the league, and they look forward to repeating this summer.



PEDS CT TEAM (ROOM 2 CREW)

The Peds CT team recently gathered to enjoy the spring weather and each other's wonderful company. Many thanks to Scott Walton for organizing the event.



ADDITIONS



Julianna Fiona Bamert
April 11, 2008
6lbs 9oz



Parker Coffman Caldwell
April 26, 2008
8lbs 3 oz

Oliver Griffin Cannon
8lbs 6oz
April 3, 2008

SCOTT WALTON, MD

Dr. Walton was recently featured in the Post and Courier for his work here at MUSC.



ENDOWED CHAIRS

The department is honored to have several endowed chairs. Each of these positions represents an enduring importance. Please visit our website to explore the chairs and the importance behind each: www.musc.edu/anesthesia

Laurie L. Brown, MD Medical Student Scholarship



Laurie L. Brown, MD

Laurie Brown entered medical school at the Medical College of South Carolina (MCSC) in September 1949. During medical school he also served as a Naval Reservist. His first "anesthesia" experience came when he was hired as an obstetrical student anesthetist under the leadership of Dr. John Marion Brown, Charleston's first anesthesiologist and Chairman of the department at the Medical College. Dr. Laurie Brown began his residency in Anesthesiology at MCSC in July 1954. Upon completion of training, he entered into private practice in Charleston. Several years later, at the request of Dr. John Mahaffey, Dr. Brown joined the Veterans' Administration Medical Center in Charleston as Director of Anesthesia. He remained there until his retirement.

Dr. Brown's appreciation for the mentoring he received during medical school years fueled his passion for teaching. Upon retirement Dr. Brown returned to the Department of Anesthesiology at MUSC as Professor Emeritus where he continued to work with students and residents and served as the department historian until his death. The Laurie L. Brown, MD Medical Student Scholarship was established to support medical students interested in Anesthesia as a career.

CRNA OF THE YEAR AWARD

Fran Zinko graduated from the MUSC Anesthesia for Nurses program in 1994. After a brief position with a private anesthesia group, she came to work at MUSC in 1997. She has been a vital member of the CRNA group since then. Fran is a past-president of the South Carolina Association of Nurse Anesthetists, our state professional organization. She has served several tours of duty in Iraq during our current war there, and during Desert Storm. She is a valued member of the faculty, educating our future staff members in the Anesthesia for Nurses program and a cherished professional mentor for new staff members. Fran keeps us all "on course" as we navigate our busy days in the main University Hospital Operating Rooms. She is positive, professional, and a consummate patient advocate. She comes in on her days off to make sure that the work gets done. We all greatly respect Fran and are honored to make her our first "CRNA of the Year."



(Left) Fran Zinko, CRNA
(Right) Wendy Ewing, Chief CRNA



University Hospital CRNAs



DEPARTMENT OF ANESTHESIA & PERIOPERATIVE MEDICINE

Medical University of South Carolina
167 Ashley Avenue
MSC 912
Charleston, SC 29425-9120

Phone: 843-792-9369
Fax: 843-792-9314

E-mail: kennec@musc.edu

CHECK OUT OUR WEBSITE AT:
[HTTP://WWW.MUSC.EDU/ANESTHESIA](http://www.musc.edu/anesthesia)

Future Events

- Grand Rounds - 05/06 6:30am
(PICU Lecture - D. Habib, MD)
- Research Committee - 05/06 6:30am
- Education Committee - 05/06 3:00pm
- Executive Committee - 05/06 4:00pm
- Grand Rounds - 05/13 6:30am
(PEDI Lecture - JH. Litman, MD)
- Faculty Meeting - 05/13 4:00pm
- Journal Club - G. Davis, MD - 05/14 6:30pm
- MUSC Commencement - 05/16
- Grand Rounds - 05/20 6:30am
(M&M - S. Harvey, MD)
- Memorial Day - 05/26
- Grand Rounds - 05/27 6:30am
(MH Susceptible Diseases - D. Hanks, DO)

SOUTHERN UNIVERSITY DEPARTMENT OF ANESTHESIOLOGY CHAIRS (SUDAC) CONFERENCE 2008

The department hosted SUDAC from April 25-27. Thirteen southern anesthesiology chairs and their business managers attended. Jerry Reves, Lisa Kindy, Fred Guidry, Brenda Dorman, Rebecca Cain, and Carl Kennedy participated. Topics discussed included Legal affairs, Anesthesia in Off sites, Compensation Models and Practice Plans, Incentive Plans, Residency Program Updates and Research. It was a very busy weekend with an excellent flow of ideas from across the region. We all learned things that will improve the department and found comfort in the fact that all academic anesthesia departments are struggling with the same core issues. An immediate benefit was the creation of a junior faculty visiting professor program. This program will allow our junior



faculty to travel to the SUDAC institutions such as UAB, UVA, Emory, Baylor, etc. to give grand rounds and other lectures. This will greatly help with achieving regional recognition and/or promotion. Finally, being able to highlight our department and city was a plus.

AIDET

Acknowledge

- Make Eye contact, greet with a smile, make patient feel that you expect them

Introduce

- Inform of your name, title, experience, and manage up your competence

Duration

- Provide patient and families with time expectations

Explanation

- Inform and keep patient family updated about what to expect from your interaction, their visit with the medical professional or their procedure

Thank You

- Thank the customer for allowing us to help them, for choosing MUSC for their care. Inquire if there is anything else that we may do for the patient or family



Outpatient Clinic Patient
Satisfaction
Top 5 Departments

Department	Rank
Otolaryngology	88
Anesthesia (pain)	87
Surgery	82
Medicine	78
Dermatology	74