

Fifteenth Annual

Diabetes Fall Symposium for Primary Health Care Professionals

September 24 – 25, 2009

Embassy Suites/North Charleston Convention Center, North Charleston, SC



Presented by

Diabetes Initiative of South Carolina
at the MUSC Diabetes Center
College of Medicine
Medical University of South Carolina

USC/DSC Site at the University of South Carolina

South Carolina College of Pharmacy

The Carolinas Center for Medical Excellence

Lowcountry AHEC

SC Department of Health and Environmental Control -
Diabetes Prevention and Control Program (DPCP)

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Continuing Education - Accreditation

COUNSELORS & THERAPISTS: This program is approved for 10.9 hours of continuing education credit (Day One – 6.7 and Day Two – 4.2). The South Carolina AHEC system is recognized as a permanent sponsor of continuing education by the South Carolina Board of Examiners of Licensure of Professional Counselors, Marriage and Family Therapists, and Psycho-Educational Specialists.

NURSES: This nursing continuing education activity, approval #0612-026PR, is approved for 10.9 contact hours. (Day One – 6.7; Day Two – 4.2).

Lowcountry AHEC is an approved provider of continuing nursing education by the South Carolina Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

PHARMACISTS: The South Carolina College of Pharmacy is accredited by the Accreditation Council for Pharmacy Education as a provider of continuing pharmaceutical education. This program is approved for 10.5 total contact hours. (Day One – 6.5; Day Two – 4.0) ACPE# 062-999-09-145-L01-P. Participants must sign-in at registration table each day. Program evaluations and CE statements will be completed on our web-based system. Instructions will be provided at the meeting.

PHYSICIANS: The Medical University of South Carolina designates this educational activity for a maximum of 10.5 AMA PRA Category 1 Credit(s)[™] (Day One - 6.5; Day Two 4.0). Physicians should only claim credit commensurate with the extent of their participation in the activity.

The Medical University of South Carolina is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

REGISTERED DIETITIANS: This program provides a total of 10.9 contact hours (Day One – 6.7, Day Two – 4.2).

SOCIAL WORKERS: This program is approved for a total of 10.9 non-social work hours of credit (Day One – 6.7 and Day Two – 4.2). The South Carolina AHEC system is recognized as a permanent sponsor of continuing education by the South Carolina Board of Examiners of Licensure of

Professional Counselors, Marriage and Family Therapists, and Psycho-Educational Specialists.

OTHER PARTICIPANTS: This program provides a total of 10.9 clock hours (Day One – 6.7 and Day Two – 4.2) or 1.09 CEUs (Day One – .67 and Day Two – .42) by Lowcountry AHEC and meets South Carolina AHEC best Practice Standards. Neither Lowcountry AHEC nor the American Nurses Credentialing Center endorses or approves any products that may be associated with this continuing education activity.

Diabetes Initiative of South Carolina

This program is presented by a collaborative effort of the Medical University of South Carolina and the Diabetes Initiative of South Carolina, which was created by the SC State Legislature in July 1994, as Section 44-39-20 et.seq. of SC Code of Laws, 1976 as Amended. The Diabetes Initiative is a statewide program of education, surveillance, clinical research, and translation of diabetes treatment methods to serve the needs of South Carolina residents with diabetes, with oversight functions by the Diabetes Initiative of South Carolina Board.

Parking

A fee for parking may be charged, depending upon city activity. Participants will be responsible if there is a fee (usually \$4.00).

Disclosure Statement

In accordance with the ACCME Essentials and Standards, anyone involved in planning or presenting this educational activity is required to disclose any relevant financial relationships with commercial interests in the healthcare industry. The Medical University of South Carolina, College of Medicine will employ appropriate mechanisms to resolve potential conflicts of interest to maintain the standards of fair and balanced education to the participant. This information will be made available to participants at the beginning of the activity. Speakers who incorporate information about off-label or investigational use of drugs or devices are required to disclose that information at the beginning of their presentation.

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Climate and Conference Dress

During the month of September, temperatures in the Charleston area range in the upper 70's for highs, and lows are in the 60's range. **As the temperature in meeting rooms may vary, you should bring a sweater or jacket.** Conference dress is business casual.

Americans with Disabilities Act

It is the policy of the Medical University of South Carolina not to discriminate against any persons on the basis of disabilities. If you feel you need services or the auxiliary aids mentioned in the disabilities act in order to fully participate in this continuing medical education activity, please call the Diabetes Center at (843) 876-0968, by August 31st or attach a note to your registration form.

Contact Information

For information about the Diabetes Initiative of South Carolina and this continuing education program, please contact:

Julie Benke-Bennett
Program Coordinator
MUSC Diabetes Center
Diabetes Initiative of South Carolina

(843) 876-0968
(843) 876-0998 Fax
benkej@musc.edu

OR

Lowcountry AHEC
(843) 782-5052
(843) 782-5053 Fax



Ninth Annual Statewide Diabetes Community Partners Meeting

Thursday, September 24, 2009

10:00 am – 4:00 pm

(Lunch provided - Rooms TBA in the Convention Center)

Sponsored by:
The South Carolina Diabetes Prevention
and Control Program (SC DPCP)
and
The Diabetes Initiative of SC (DSC)

This meeting is free and open to
all community groups; however,
REGISTRATION IS REQUIRED.

**Attendance is mandatory for all
community partners that received a
mini-grant from the SC DPCP.

If you would like to attend, please contact
Michelle Moody,
Health Communication Coordinator
at (803) 545-4473 or e-mail moodyrm@dhec.sc.gov



Diabetes Prevention & Control Program (DPCP)

**As in the past, each mini-grant recipient is required to develop and submit an abstract and poster display that will be reviewed by a panel of judges and possibly receive a monetary prize. This provides an opportunity to share the accomplishments and best practices your community organization has attained.

Posters will need to be displayed by 7:30 am on
Thursday, September 24, 2009.

The awards ceremony will be held during lunch.

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**CALL FOR ABSTRACTS***10th Annual Scientific Poster
Session*

We are currently accepting abstract submissions for research investigations, DSME program strategies, clinical practices and student projects. It is an excellent opportunity to showcase the numerous projects being conducted in South Carolina. (Submissions limited to diabetes related subject matter)

There will be one complimentary registration offered for each abstract/poster submitted by a full-time student, resident, intern or fellow. Student and DSME program submissions will have the opportunity to be reviewed by a panel of judges and compete for monetary prizes.

Submit a one page abstract with your contact information to Julie Benke-Bennett via e-mail to benkej@musc.edu or fax (843) 876-0998.

For further information, contact Julie at (843) 876-0968. Deadline for submissions - September 14, 2009.

*15th Annual
Diabetes Fall Symposium for Primary
Health Care Professionals*

This comprehensive update is specifically designed for Primary Care Physicians, Podiatrists, Endocrinologists, Pharmacists, PharmDs, NPs, APRNs, PAs, RDs, and CDEs. The information to be presented is equally relevant to RNs, LPNs, and Social Workers.

At the conclusion of the program, participants should be able to:

- summarize the controversies in evidenced-based treatment in diabetes management.
- identify the issues in lowered glycemic targets in the hospital.
- describe the retinal damage resulting from uncontrolled diabetes.
- describe the relationship between diabetes, hypertension and stroke.
- identify the role of nutrition in the management of pre-diabetes.
- summarize the Core Quality and Safety issues for 2009 in inpatient hospital diabetes management.
- implement appropriate medication management for optimal glycemic control.
- implement a strategy to transition a person from hospital to primary care and beyond.
- analyze key components of a Hospital Certified Diabetes Program.
- describe the findings of the Glycemic Control Survey in SC hospitals.
- identify the Signature American Diabetes Association Community Programs.
- analyze and explain the evidence supporting carbohydrate counting in diabetes nutrition management.
- describe the role of the "Emerging" Community Pharmacist.
- explain the concept of "fat and fit".
- recognize indications for transitioning from oral agents to insulin in the management of Type 2 diabetes and implement strategies within your clinical practice.

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Thursday, September 24, 2009

- 7:00 am Registration/Continental Breakfast/
Visit Exhibits – Ballroom C**
- 7:50 am Welcome/Moderator – Ballroom B**
Daniel T. Lackland, DrPH
- 8:00 am Controversies of Studies - VA, ACCORD,
RABBIT**
Samuel Dagogo-Jack, MD, FRCP
- 9:00 am Evidence Based Diabetes Management in
the Hospital**
Guillermo E. Umpierrez, MD
- 10:00 am Break/Visit Exhibits Ballroom C**
- 10:30 am The Eyes: Windows to the Pancreas**
David L. Johnson, MD
- 11:30 am Managing Diabetes, Hypertension and
Stroke**
Brent M. Egan, MD
- 12:30 pm LUNCH – Ballroom C**
Winners Announced
10th Annual Scientific Poster Session
Daniel T. Lackland, DrPH
- 2:00 pm Concurrent/Breakout Sessions**
Rooms TBA
Session 1
- A. The Role of Nutrition in the Clinical
Management of Pre-diabetes**
Marion Franz, MS, RD, LD, CDE
Moderator – Carolyn Jenkins, DrPH,
APRN, BC-ADM, CDE, FAAN
- B. CMS: Core Measures for 2009 Quality
& Safety: Inpatient Diabetes**
Caroline Isbey, RN, MSN, CDE
Moderator – Pamela Arnold, MSN,
APRN, BC-ADM, CDE
- C. Medication Management - Pharmacy
Update**
Sharm Steadman, PharmD, BCPS,
FASHP, CDE
Moderator - Elizabeth Todd Heckel,
MSW, CDE
- 3:15 pm BREAK/Visit Exhibits – Ballroom C**

- 3:45 pm Concurrent/Breakout Sessions**
Rooms TBA
Session 2

- A. From Hospital to Primary Care
and Beyond**
Mark Massing, MD, PhD, MPH
Moderator/Speaker – Carolyn Jenkins,
DrPH, APRN, BC-ADM, CDE, FAAN
- B. Diabetes Management for a Hospital
Certified Program**
Kathie L. Hermayer, MD, MS, FACE
Moderator/Speaker - Pamela Arnold,
APRN, BC-ADM, CDE
**Update on Inpatient Glycemic
Management Needs Assessment**
Karen Reeves, BSN, MHHA, FACHE
K. Sue Haddock, RN, PhD
- C. Signature ADA Community Programs**
Mary Pat King, MS
Moderator – Elizabeth Todd-Heckel,
MSW, CDE

- 5:00 pm Adjournment**
COMPLETE EVALUATIONS

Friday, September 25, 2009

- 7:00 am Registration/Continental Breakfast - Foyer**
- 7:50 am Opening Remarks/Moderator**
David Keisler, MD
- 8:00 am Evidence Behind CHO in Diabetes
Nutrition**
Marion Franz, MS, RD, LD, CDE
- 9:00 am The “Emerging” Community Pharmacists
- Not Just Pill Counters**
Tommy Johnson, PharmD, BC-ADM, CDE
- 10:00 am BREAK**
- 10:15 am Exercise - Can You Be Fat and Be Fit?**
Steven N. Blair, PED
- 11:15 am Initiating Insulin Therapy**
Jeremy B. Soule, MD
- 12:15 pm Adjournment**
Daniel T. Lackland, DrPH
- COMPLETE EVALUATIONS**

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*Conference Planning Committee***Pamela C. Arnold, MSN, APRN, BC-ADM, CDE • Julie Benke-Bennett • John Bruch, MD****Yaw Boateng, MS, MPH, RD, LD, CDE • Elizabeth Todd Heckel, MSW, CDE****Carolyn Jenkins, DrPH, APRN, BC-ADM, CDE, FAAN • David Keisler, MD • Daniel Lackland, DrPH • Usah Lilavivat, MD***Distinguished Faculty***Pamela C. Arnold, MSN, APRN, BC-ADM, CDE**Clinical Director, Diabetes Center
Medical University of South Carolina
Diabetes Center Council Chair,
Diabetes Initiative of South Carolina
Charleston, SC**Steven N. Blair, PED**Professor, Exercise Science
University of South Carolina
Columbia, SC**Samuel Dagogo-Jack, MD, FRCP**Professor of Medicine and Director
Division of Endocrinology, Diabetes and Metabolism
University of Tennessee Health Science Center
Memphis, TN**Brent M. Egan, MD**Professor of Medicine
University Internal Medicine
Medical University of South Carolina
Charleston, SC**Marion Franz, MS, RD, LD, CDE**Nutrition Concepts by Franz, Inc.
Minneapolis, MN**K. Sue Haddock, RN, PhD**Assoc. Chief of Staff - Research
WJB Dorn VA Medical Center
Columbia, SC**Elizabeth Todd Heckel, MSW, CDE**Program Director, USC/DSC Site
University of South Carolina
Columbia, SC**Kathie L. Hermayer, MD, MS, FACE**Professor of Medicine
Division of Endocrinology
Medical University of South Carolina
Charleston, SC**Caroline B. Isbey, RN, MSN, CDE**The Joint Commission
Oakbrook Terrace, IL**Carolyn Jenkins, DrPH, APRN, BC-ADM, CDE, FAAN**Professor, College of Nursing
Medical University of South Carolina
Outreach Council Chair,
Diabetes Initiative of South Carolina
Charleston, SC**David Johnson, MD**Palmetto Retina Center
Columbia, SC**Tommy Johnson, PharmD, BC-ADM, CDE**Professor of Pharmacy Practice
Presbyterian College School of Pharmacy
Clinton, SC**David L. Keisler, MD**Associate Professor of Medicine
Dept. of Family & Preventive Medicine
University of South Carolina
Board Vice Chair,
Diabetes Initiative of South Carolina
Columbia, SC**Mary Pat King, MS**Director, National Youth Initiatives
American Diabetes Association
Raleigh, NC**Daniel T. Lackland, DrPH**Board Chair,
Diabetes Initiative of South Carolina
Professor, Biostatistics, Bioinformatics & Epidemiology
Charleston, SC**Mark Massing, MD, PhD, MPH**Director, Physician & Community Services
The Carolinas Center for Medical Excellence
Cary, NC**Karen Reeves, BSN, MHHA, FACHE**Vice President, Quality and Patient Safety
South Carolina Hospital Association
Columbia, SC**Jeremy B. Soule, MD**Assistant Professor
Division of Endocrinology
Medical University of South Carolina
Charleston, SC**Sharm Steadman, PharmD, BCPS, FASHP, CDE**Professor, Dept. of Family &
Preventive Medicine
University of South Carolina
Columbia, SC**Guillermo E. Umpierrez, MD**Professor of Medicine
Emory University School of Medicine
Atlanta, GA

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Hotel Accommodations

A limited number of rooms have been reserved until 9/9/09 for this conference at the Embassy Suites Hotel/N. Charleston Convention Center, 5055 International Boulevard, N. Charleston, SC 29418. Reservations can be made by calling (843) 747-1882 or 1-800-EMBASSY (specify the MUSC Diabetes Center for special rates). The web address for the hotel is www.embassysuites.com (Airport/N. Charleston Convention Center).

Rates: \$139.00* Single or Double; \$149.00* Triple; and \$159.00* Quad

Please keep top portion for your records.

Refund Information

A refund will be made upon written request prior to September 11, 2009; however, \$25.00 will be retained for administrative costs. No refunds will be made after September 11, 2009. We reserve the right to cancel the program if necessary and full registration fees will be refunded. The Medical University of South Carolina cannot be responsible for reimbursement of airline or other transportation fares, hotel or rental car charges, including penalties.

Registration Form

You may also register and pay online at www.lcahec.com/ceonlineregistration.html with PayPal. Print your name as it should appear on your name badge and certificate of attendance (Please print clearly)

Last Name	First Name	Middle Initial	Social Security Number (last 4 digits)
Credentials: <input type="checkbox"/> MD <input type="checkbox"/> PharmD <input type="checkbox"/> PhD <input type="checkbox"/> MPH <input type="checkbox"/> RPh <input type="checkbox"/> PA <input type="checkbox"/> AP <input type="checkbox"/> NP <input type="checkbox"/> RN <input type="checkbox"/> RD <input type="checkbox"/> SW <input type="checkbox"/> Student <input type="checkbox"/> Other (please specify credentials and/or title) _____			
Mailing Address			(____) _____ Day Telephone
Address line 2			(____) _____ Evening Telephone
City		State	Zip
Agency Name	_____		
e-mail address (please print clearly)	@	_____ County of Employment	

Thursday, Sept. 24, 2009 & Friday, Sept. 25, 2009:

Please check your tuition category *Registration fee includes Thursday & Friday continental breakfasts and breaks, Thursday lunch, course syllabus and all handouts.*

	Both Days	Thurs Only	Friday Only	Payment received after 9/11/09 or onsite
MD's	<input type="checkbox"/> \$200	<input type="checkbox"/> \$125	<input type="checkbox"/> \$ 75	<input type="checkbox"/> add \$50.00/day
Other Health Care Providers	<input type="checkbox"/> \$150	<input type="checkbox"/> \$100	<input type="checkbox"/> \$ 50	<input type="checkbox"/> add \$50.00/day
F/T Students, Interns, Residents and Fellows	<input type="checkbox"/> \$ 50	<input type="checkbox"/> \$ 25	<input type="checkbox"/> \$ 25	

Registration fees will be waived for any full-time Student, Resident, Intern or Fellow who participates in the 10th Annual Scientific Poster Session, **HOWEVER, YOU MUST REGISTER** (must present ID on site)! **Please check if this applies to you.**

You must indicate which Concurrent Sessions you plan to attend on Thursday, September 24, 2009

- Session 1: 2:00 - 3:15 pm
- A The Role of Nutrition in the Clinical Management of Pre-diabetes - Marion Franz, MS, RD, LD, CDE
 - B CMS: Core Measures for 2009 Quality & Safety: Inpatient Diabetes - Caroline Isbey, RN
 - C Medication Management - Pharmacy Update - Sharm Steadman, PharmD
- Session 2: 3:45 - 5:00 pm
- A From Hospital to Primary Care and Beyond - Mark Massing, MD, PhD, MPH
 - B Diabetes Management for a Hospital Certified Program
Kathie L. Hermayer, MD, MS; Pam Arnold, APRN, BC-ADM, CDE
Update on Inpatient Glycemic Management Needs Assessment
Karen Reeves, BSN, MHHA, FACHE; K. Sue Haddock, RN, PhD
 - C Signature ADA Community Programs - Mary Pat King, MS

Please make your check payable to Diabetes Initiative of SC and mail with the registration form to:

Diabetes Initiative of SC, Attn: Julie Benke-Bennett, 96 Jonathan Lucas Street, Suite 816, MSC624, Charleston, SC 29425-6240 or Fax to (843) 876-0998. • For information, please call Julie Benke-Bennett (843) 876-0968