

CURRICULUM VITAE

Name: Cheryl Lynch

Office Address: General Internal Medicine / Geriatrics
Department of Medicine, P.O. Box 250623
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Room #1255 RUT
Charleston, SC 29425

Education (Beginning with Baccalaureate Degree):

| Institution/Location | Years | Degree/Date (Mo/Yr) | Field of Study |
|-----------------------------------|-----------|---------------------|------------------|
| Morris Brown College, Atlanta, GA | 1989–1994 | B.S., 6/1994 | Biology |
| Emory University, Atlanta, GA | 1998–1999 | M.P.H., 12/1999 | Health Education |
| Boston University, Boston, MA | 1994–2001 | M.D., 5/2001 | Medicine |

Internship: (Place) (Dates Mo/Yr)

Virginia Commonwealth University, Richmond, VA June 2001 – June 2002

Residencies or Post Doctoral: (Place) (Dates Mo/Yr)

Virginia Commonwealth University, Richmond, VA June 2002 – June 2004
University of Pittsburgh, Pittsburgh, PA July 2004 – July 2006
University of Pittsburgh, Pittsburgh, PA August 2006 – August 2008

Specialty/Board Certification:

N/A

Date:

Licensure:

South Carolina Board of Medical Examiners
Pennsylvania State Board of Medicine
Virginia State Board of Medicine

Date:

2008-Present
2004-2008
2001-2004

Faculty Appointments (Begin with initial appointment):

| Years | Rank | Institution | Department |
|--------------|------------------------|------------------------|--------------------------------|
| 2008-Present | Asst Prof of Medicine | Medical Univ of SC | Dept of Gen Int Med/Geriatrics |
| 2004-2008 | Instructor of Medicine | Univ of Pittsburgh SOM | Dept of Gen Internal Medicine |

Hospital Appointments/Privileges:

| Years | Active/Inactive | Institution |
|--------------|-----------------|--|
| 2008-Present | Active | Medical University of South Carolina |
| 2008-Present | Active | Ralph H. Johnson VAMC, Charleston, SC |
| 2004-2008 | Inactive | UPMC Presbyterian/WPIC, Pittsburgh, PA |

Membership in professional/scientific societies (include offices held):

National Societies

Society of General Internal Medicine
American Medical Association
American College of Physicians
American Geriatrics Society

Local Societies

South Carolina Medical Association
South Carolina Asthma Alliance

Editorial Positions: N/A

Extramural Grants/award amount (current and past):

Grant Number PA DOH RFA 04-07-15; Pennsylvania Department of Health; Grant Period Amount \$800,000.

Pittsburgh Center of Excellence for Research on Obesity interdisciplinary research intervention project,
University of Pittsburgh

Research Title: Preventing Adverse Effects of Class II and Class III Obesity; Principal Investigator,
Kelley DE; Co-investigator, **Lynch CP** (5%), for inclusive dates of 6/1/06-5/31/09.

Intramural Grants/amount of award:

Pilot Grant; Center for Health Disparities Research, Department of Medicine, Medical University of South
Carolina. Grant Period Amount: \$4,267.

Research Title: Diabetes Prevention Program Lifestyle Intervention in African Americans with Obesity;
Principal Investigator, for inclusive dates of 11/01/2008 – 09/30/2009.

Grant Number NIH T32 AG 021885-05; Division of Geriatric Medicine, Department of Medicine, University of
Pittsburgh School of Medicine. Grant Period Amount \$48,000.

Research Title: Pitt Clinical Research Training-Geriatrics/Gerontology; Principal Investigator,
Studenski, SA; Postdoctoral Scholar, **Lynch CS**, for inclusive dates of 8/1/06-7/31/08.

Grant Number NIH/NCMHD Grant No. P60 MD-000-207-03; Grant Period Amount \$18,903.

Under the guise of the EXPORT Health Project at the Center for Minority Health, Graduate School of
Public Health, University of Pittsburgh

Research Title: Understanding the Obese African American Woman's Perspective of Bariatric Surgery;
Principal Investigator, for inclusive dates of 5/1/05 – 4/30/06.

Grant Number Division of General Internal Medicine / Center for Research on Health Care, University of
Pittsburgh School of Medicine; Grant Period Amount \$10,000.

Research Title: Relationship between Degree of Obesity and Quality of Life and Functioning in Women
of Diverse Racial-Ethnic Backgrounds; Principal Investigator, for inclusive dates of 7/1/05-6/30/06.

Awards, Honors, Membership in Honorary Societies:

Certificate of Honor from Healthy Lifestyles Network, Charleston, SC

AGS Conference Travel Scholarship

Pittsburgh Mind-Body Center Scholarship

Invitation for Poster Presentation at Regional American College of Physicians Abstract Competition

Winner of American College of Physicians Virginia State Abstracts Competition

Collaborative Evaluation Fellows Program

Academic Committee Activities (past 5 years):

University of Pittsburgh

Graduate School of Public Health

Department of Behavioral and Community Health Sciences

Center for Minority Health

Community Research Advisory Board (2004-2008)

Major Teaching Responsibilities (Current):

Undergraduate Medical Education

Attending physician for Inpatient Medicine Ward rotation

Physical Diagnosis course for 1st and/or 2nd year medical students

Graduate Medical Education

Inpatient Medicine Ward rotations

Major Clinical Interests and Responsibilities:

Obesity, Diabetes
Minority Populations
Health Disparities
Health Behavior/Education
Aging Research
Women's Health

Lectures and Presentations during the last 3 years – Identify the name and location of the meeting/conference. List presentations under the following headings:

Invited lectures and presentations

Activity: Invited presentation for participants at the Healthy Lifestyles Network Community Health Day and Expo at the International Longshoreman's Hall, Charleston, SC. Topic: "Asthma in Adults", November 8, 2008.

Activity: Invited presentation for Department of Clinical Services, College of Health Professions, Medical University of South Carolina - Topic: Introduction to Health Disparities, September 2008.

Activity: Department of Psychiatry, Research Network and Development Center, University of Pittsburgh – Topic: Community-Based Health Intervention for Older African Americans, December 2007.

Activity: Interdisciplinary Research Seminar, University of Pittsburgh – Topic: Presentation of 'Knowledge and Attitudes of Weight and Bariatric Surgery Among Obese African-American Women', April 2007.

Activity: Division of General Internal Medicine Noon Conference Series, Wake Forest University Baptist Medical Center – Topic: Obesity in Women: Perspectives on Weight Loss and Impact on Quality of Life, March 2007.

Activity: Division of General Internal Medicine and Geriatrics Lunch Conference Series, Medical University of South Carolina – Topic: Obesity in Women: Perspectives on Weight Loss and Impact on Quality of Life, March 2007.

Submitted presentations (e.g., abstract or paper presentations)

- A. **Lynch CS, Egede LE.** Rural/Urban Differences in Diabetes Self-Care and Quality of Care in the United States in 2007. Accepted for presentation at the annual meeting of the Society of General Internal Medicine, Miami Beach, FL; May 2009.
- B. **Lynch CS, Egede LE.** Diabetes Self-Care and Quality of Care Indicators from a National Sample of Veterans and Non-Veterans. Accepted for presentation at the annual meeting of the Society of General Internal Medicine, Miami Beach, FL; May 2009.
- C. **Lynch CS, Egede LE.** Effect of VA Use on Quality of Care Indicators for Diabetes in a National Sample of Veterans. Presented at the annual meeting of the Veterans Administration Health Services Research & Development, Baltimore, MD 2009.
- D. **Lynch CS, Albert SM.** Is Overweight Protective For Functional Ability Among Older African American Adults? Presented at the annual meeting of the Society of General Internal Medicine, Pittsburgh, PA 2008.
- E. **Morone N, Lynch C, Greco C, Tindle H, Weiner D.** The Effects of Mindfulness Meditation on Older Adults with Chronic Pain: Qualitative narrative analysis of diary entries. Presented at the American Psychosomatic Society 66th annual scientific meeting, March 2008.

- F. Akers AY, **Lynch CS**, Bost JE, Chang JC, Doswell W, Wiesenfeld HC, Gold MA. Exploring the Relationship Between Obesity and Sexual Risk Behaviors Among Female Adolescents. Presented at the annual meeting of the Society of Adolescent Medicine, Charlotte, NC 2008.
- G. **Lynch CS**, Chang JC, Ford AF, Ibrahim SA. Obese African American Women's Perspectives on Weight Loss and Bariatric Surgery. Presented at the annual meeting of the Society of General Internal Medicine, Toronto, ON 2007.
- H. **Lynch CS**, Studenski SA. Does Obesity Explain the Excess Disability in Older Black Women?, Presented at the annual meeting of the American Geriatrics Society, Seattle, WA 2007.
- I. **Lynch CS**, McTigue KM, Bost JE, Kuller LH. Excess Weight and Impaired Quality of Life (QOL) in a Diverse Cohort of Women: Results from the Women's Health Initiative (WHI). Presented at the American Heart Association Epidemiology of Cardiovascular Disease Prevention and Treatment, Orlando, FL 2007.
- J. **Lynch CS**, Chang JC, Ford AF, Ibrahim SA. (2006). Barriers to Weight Loss and Bariatric Surgery from the Perspective of Obese African-American Women. Presented at the annual meeting of the Society of General Internal Medicine, Los Angeles, CA 2006.
- K. **Lynch CS**, McTigue KM, Bost JE, Kuller LH. (2006). Body Size, Weight-Related Comorbidity and Emotional-Psychological Factors in Older Women – Exploring Racial/Ethnic Differences. Presented at the annual meeting of the Society of General Internal Medicine, Los Angeles, CA 2006.

Extramural Professional Activities:

Service:

University and Medical School

- a. Class of 2011 Physical Diagnosis Course, Division of General Internal Medicine and Geriatrics, Department of Medicine, Medical University of South Carolina, Charleston, SC. (Jan-Apr 2009)
- b. Class of 2008 Clinical Skills Course- Introduction to Patient Care Block, Advanced Physical Examination, Division of General Internal Medicine, Department of Medicine, University of Pittsburgh School of Medicine, Pittsburgh, PA. (Nov 2005)
- c. Class of 2009 Orientation, Diversity Awareness, Office of Admissions, University of Pittsburgh School of Medicine, Pittsburgh, PA. (Aug 2005)

Community

- a. Member, Board of Directors of Healthy Lifestyle Network, Inc. (2009-Present)
- b. Speaker at Community Health Day and Expo at the International Longshoremen's Association, Charleston, SC (Nov 2008)
- c. Community Research Advisory Board of Center for Minority Health at the University of Pittsburgh Graduate School of Public Health, (2004-2008)
- d. Planning committee member for Pink Ribbon Annual Luncheon meetings (2004 – 2008)
- e. Honorary Co-Chair of YWCA Greater Pittsburgh Pink Ribbon Luncheon for breast cancer awareness, (Oct 2006)
- f. Small-group obesity awareness discussion sessions in conjunction with pediatrician at Duquesne Family Support Center, Duquesne, PA.
- g. Pink Ribbon Luncheon and Fashion Show, YWCA Greater Pittsburgh's EncorePlus program. Pittsburgh, PA. (Nov 2005)

Publications: Number and list in chronological order publications under the following headings in the order shown.

Peer Reviewed Journal Articles: Published or accepted for publication in final form

Lynch CS, Albert SM, Bear-Lehman J, Burkhardt A. (2009). Protective Effect for Mild Overweight Status in a Multiethnic Sample of Community Elderly. [*Manuscript in review*]

Lynch CS, McTigue KM, Bost JE, Vitolins M, Tinker L, Sarto G, Hays J, Adams-Campbell L, Manson JE, Kuller LH. (2009). Relationship of Obesity with Quality of Life in Women of Diverse Racial-Ethnic Backgrounds. [*Manuscript in review*]

Morone NE, Karp JF, **Lynch CS**, Bost JE, El Khoudary SR, Weiner DK. Impact of chronic musculoskeletal pathology on older adults: A study of differences between knee OA and low back pain. *Pain Medicine*, 2009; epub ahead of print.

Morone NM, **Lynch CS**, Greco CM, Tindle H, Weiner D. "I felt like a new person." The effects of mindfulness meditation on older adults with chronic pain: qualitative narrative analysis of diary entries. *Journal of Pain*, 2008; 9(9): 841-848.

Lynch CS, Chang JC, Ford AF, Ibrahim SA. Obese African American Women's Perspectives on Weight Loss and Bariatric Surgery. *Journal of General Internal Medicine*, 2007; 22(7):908-914.

Non- Peer Reviewed: Published non-peer reviewed journal articles

Scholarly Books and Monographs:

Lynch CP, Ibrahim SA (2005). Utilization of Bariatric Surgery: A Disparity in the Making? Society for General Internal Medicine Forum. April/May issue. Pittsburgh, PA.

Chapters in Scholarly Books and Monographs

Lynch CS. (2007). Chapter 41-Sexually transmitted infections. In CG Griffith & AR Hoellein (Eds.), *First Exposure to Internal Medicine*. McGraw-Hill Companies, Inc.

Peer Reviewed Electronic Publications:

Non-Peer Reviewed Electronic Publications:

Other Publications: (e.g., newspapers and magazines)

Sterling CP. (1999) Survey of Housestaff and Medical Student Knowledge, Attitudes, and Experiences Regarding Tuberculosis. Masters Thesis, Rollins School of Public Health of Emory University, Atlanta, GA.